



Llangewydd Junior School

Mrs. K Green: Headteacher

Senior Leadership Team: Mrs. L Evans: Deputy Headteacher, Mr. D Evans: Assistant Headteacher Mrs. T Porter: ALNCo, Mrs. W Mitchell: Vulnerable Learner Lead

Whole School Approach to Mental Health and Well-being Questionnaire

15.09.2026

Dear Parents and Carers,

As part of our commitment to supporting the health and well-being of every child, our school will be taking part in the Whole School Approach to Mental Health and Well-being Questionnaire.

The questionnaire has been developed to help schools across Wales understand how effectively they support the mental health and emotional well-being of learners. It forms part of the Welsh Government's Whole School Approach to Mental Health and Well-being, which aims to ensure that everyone in the school community feels safe, supported and able to thrive.

The questionnaire gives pupils the opportunity to share their views and experiences of school, including areas such as:

- Feeling safe and included at school
- Relationships with friends and adults
- Emotional well-being
- Feeling listened to and supported
- The school environment and sense of belonging

Pupils will complete the questionnaire during the school day. It is designed to gather honest feedback about their experiences and opinions.

The questionnaire is anonymous. Pupils are not asked to provide their name or any information that could identify them personally. Individual responses are confidential and will not be shared. Instead, the results are combined to provide an overall picture of how well the school is supporting the mental health and well-being of its learners.

The information collected will help us to:



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- Celebrate what we are doing well.
- Identify areas where we can further improve support for pupils.
- Inform future planning and our Health and Well-being provision.
- Continue developing a positive, nurturing environment where every child feels valued and supported.

Participation in the questionnaire is voluntary. If you would prefer your child not to take part, please contact the school office by 21.09.26, and we will ensure that alternative arrangements are made.

If you have any questions about the questionnaire or would like further information, please do not hesitate to contact the school.

Thank you for your continued support in helping us promote the well-being of all our learners.

Kind regards,

Sophie Jones

Health and Well Being Lead



INVESTORS
IN FAMILIES



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