



Year 6 Residential

3rd – 5th July 2024

https://www.youtube.com/watch?v=-ywH8_UKbJQ

Where is it? **Rock UK Summit Centre, Treharris.**

When is it? **3rd – 5th July 2024**

What staff are going? **Miss Lewis, Miss Stoakes, Miss Fitz-Gerald, Mr Dixon, Miss Morgan/Mrs Porter and at least 3 more staff members (mixture of male and female).**

Sleeping arrangements: **Pupils will sleep mainly in rooms of 4 but some rooms of 5 and 6. We will finalise sleeping arrangements at a later date.**



What does a typical day at the Summit Centre look like?

- **Breakfast**
- 2-3 hours of activities
- **Lunch**
- 2-3 hours of activities
- **Dinner**
- Evening activities supervised by staff (sports pitches, board games, movie nights, shelter building)

What does my child need to bring?

Residential

You will need to bring with you enough clothes for the duration of your stay. Make sure you pack a couple of extra-long sleeve tops and a trousers in case some get wet. You don't need to bring a sleeping bag or pillow as we will provide your bedding.

Indoor shoes or slippers

Pyjamas

Wash bag – (soap, shampoo, toothpaste and brush)

Towels (1 or 2)

Drinks bottle (not glass)

Warm jacket

Warm hat and gloves (all year)

Sun hat – sun cream (spring + summer)

Rucksack

What does my child need to bring?

Activities

If you are doing activities with us during your stay please make sure you bring suitable clothing as listed below. We will provide you with wellies (you can bring your own if you have them) waterproof top and water proof bottoms to keep most of the mud and wet out but make sure you have plenty of warm clothes to go underneath. You can never bring enough hoodies!

Land Activities

Trainers that can get muddy

Trousers (not jeans) 1 or 2 pairs

Long sleeve tops (lots)

Warm jacket or coat



What not to bring?

Any electronic devices including phones

No money

No food, snacks or drinks. All main meals are being provided by the Summit Centre and the school are going to provide extra snacks.

How will I know that everything is ok?

There'll be pictures on Twitter to follow. If needed, we will contact you. In an emergency, contact the school or the Summit Centre (only to be contacted after school hours and in an absolute emergency).

My child has never slept away before, will they be ok?

Not a problem. Staff are always at hand to reassure pupils. Quite often pupils are shattered after a full day of activities!

Medication:

Any medication must be handed to a designated staff member on the morning of the trip. You must ensure that all medication is in date and that there is sufficient supply to last the entirety of the trip. We will confirm the staff member nearer the time.

Allergies:

The Summit Centre will be made aware of any allergies prior to the trip and meals will be adjusted accordingly.

You will be asked to provide medical information including medication and allergies at a later date.

Example Activities

Here are some proposed activities for our trip:

- Canoeing
- Abseiling
- Climbing
- Caving
- Raft building
- Aerial adventures
- Archery
- Crate Stacking

Emergency Contact Details

Llangewydd Main Number – 01656 815530

Miss Jury's email – admin@llangewyddjs.bridgend.cymru

Mrs Green's email – head@llangewyddjs.bridgend.cymru

Summit Centre Contact Number (only in emergencies out of school hours) – 03333 44 66 52