



Llangewydd Junior School

Headteacher: Mrs. K. Green; Deputy Headteacher: Mrs L Evans; Assistant Headteacher: Mr D Evans;
ALNCo. : Mrs T Porter; Other senior leadership team members: Mrs S Jones & Mrs W Mitchell

Year 5 – India Hook day

On Monday February 26th to begin the celebration of our India topic, Year 5 will be cooking and tasting an Indian sweet dish called Barfi. We will also be using Henna to draw patterns on our hands. In order for your child to take part in these activities, we need written permission due to the new allergy laws. If your child does not have permission, they will not be able to take part in this special activity. Please read, complete and return the slip below by Monday February 26th.

Ingredients for our Indian Cookery and Henna

For the Barfi;

Desiccated coconut

Dark/milk chocolate

Sugar

Sugar sprinkles to decorate

For the Henna (children will draw patterns on their hands);

Henna oil

Amla

Arotha

Sikakai

Water



I give permission for my child _____ (name) to cook and taste all the ingredients mentioned above.

I give permission for my child _____ (name) to have henna on their hand.

Signed Parent/Carer: _____

