

Llangewydd Junior School

Manor Adventure 2023 - Information for Parents

Kit List

- A wheel bag or suitcase, the coach will drop us off at the end of the hotel drive so the less the children have to carry the easier it is for them.
- Sleeping bag/Pillow and pillow case (Where possible please pack these in the main bag so it is easier to carry.)
- Night clothes/ slippers, Wash Towel and toiletries (no Aerosol sprays please.)
- Extra lightweight towel for water activities.
- Water/ drinks bottle.
- Lip balm is a good idea if weather is cold/ hot.
- Lots of spare plastic bags or black sacks for muddy or wet clothes, at going home time.
- Outdoor Clothes for activities.
- A Waterproof Coat with a hood and waterproof trousers, walking shoes or sturdy waterproof trainers are essential, most activities will require these.
- Fleece/ sweatshirt x3 (as all activities may get wet and muddy.)
- Old jogging bottoms/ warm leggings not jeans (x3)
- Long sleeve t shirts are essential for all activities (Skins under T Shirts are fine).
- Hat and gloves for cold/ hot weather and activities.
- Underwear
- Socks x6
- If it's very cold weather then layers of light clothing, underneath waterproofs will be ideal.

Indoor

- Boots and trainers will be left in the boot room so children will require indoor lightweight shoes that are easy to get on and off (This could be slippers/ extra trainers or cros.)
- Joggers/leggings/lightweight fleece and t shirts for meal time or during free time.
- Extra underwear in case of wet and muddy during the day.
- Please name all items including shoes/boots, we know this is time consuming but it will help your child to be independent and to return lost items. All waterproofs can be kept in a drying room, just for our school so they are ready for the next day.
- Try and get your child to help pack, again this will make them more independent when they are in control of their own belongings and they are aware of what is in their case/bag.
- Medication Any prescribed medication your child takes e.g. asthma pumps need to be in a named clear sandwich bag with a school permission and instructions form (These are available from the office prior to the trip and is a local authority requirement.) please provide to staff on departure day. Travel sickness tablets will also require a medication form in a clear sandwich bag and handed to staff with instructions.