

Headteacher: Mr N Clode; Deputy Headteacher: Mrs L Evans; Assistant Headteacher: Mr D Evans; ALNCo.: Mrs T Porter; Other senior leadership team members: Mrs J Davies & Mrs W Mitchell

December 4th 2020

Annwyl Rieni/Gwarchodwyr, Dear Parents/Carers

Pupils in Rainbow and Sunshine Classes (Mrs Porter and Miss Lewis's classes)

Re: Contact of confirmed case of COVID-19 in Llangewydd Junior School

NHS Wales Test, Trace, Protect trace everyone who have been in contact with a person who has tested positive for COVID-19 (Coronavirus). Your child has been identified as a contact of a confirmed case of COVID-19 and will now need to self-isolate for 14 days from Tuesday 2nd December (therefore their first day back in school will be Wednesday 16th December). By identifying contacts and asking them to self-isolate for 14 days, we will reduce the possible spread of COVID-19 from those contacts to their family, friends and the wider community.

Self-isolation advice **requires your child to stay at home**, not to go outdoors to exercise, to visit shops, family or friends, or to other public spaces. Please do not invite people to your house. Further information on self-isolation can be found in the link at the bottom of this letter.

If your child remains well then the other members of the household do not need to isolate and can continue with their normal activities. If your child is still well at the end of the 14-day period of self-isolation, they can return to Llangewydd Junior School and their other usual activities.

To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home
- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
- putting used tissues in the bin immediately and washing hands afterwards

Please be alert for symptoms of COVID-19 in your child, which are:



















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- A new or continuous cough
- A high temperature
- A loss of or change to sense of smell or taste

If your child develops any of these symptoms, even if they are mild:

- Inform the Test, Trace and Protect (TTP) team who will be in daily contact with you
- If advised by TTP book a test for them by phoning 119 or through the online portal: https://www.nhs.uk/ask-for-a-coronavirus-test
- Inform Llangewydd Junior School that they are unwell with COVID-19 symptoms and that you have requested a test
- Your child should remain in self-isolation
- All other household members should isolate for 14 days from when your child developed symptoms
- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact
 NHS 111 or telephone your GP; if there is a medical emergency phone 999
- If you require medical advice for COVID-19 symptoms or another reason, please inform the healthcare worker that your child is a contact of a case of COVID-19 and in self-isolation
- Please follow the advice provided when your child receives their test result

Further formation on Test, Trace, Protect can be found here https://gov.wales/test-trace-protect-coronavirus

Further information on symptoms and self-isolation can be found here https://gov.wales/symptoms-and-self-isolation-contact-tracing

For general information on COVID-19 https://gov.wales/protect-yourself-others-coronavirus
The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do https://gov.wales/check-if-you-need-coronavirus-medical-help
With best wishes,



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