



Ysgol Gyfun Bryntirion |     
Bryntirion Comprehensive



# My new school

A social story and Helping Hands workbook



My name is

I like to be called

In September I will go to

I will be in year



Sometimes it is good fun to be scared. Can you think of times when it is fun to be scared?

Sometimes it is not good fun to be scared. What could you do when this happens?

When we feel scared we might want to look at our "Helping Hand". Let us make one together.



We can all have a helping hand full of people to talk to when we do not feel safe. You can make your own helping hand. Here are some instructions:

- On each finger put an adult's name who you can trust.
- In the palm of your hand, you can put the name of someone else or something else that you like to talk to e.g. a diary or a teddy bear.
- Up your sleeve you can put the names of people or organisations that you could contact for help, e.g. police or other emergency services.

Use the template on the next slide to create your helping hand.





People I can  
contact in an  
emergency

Someone else I  
like to talk to is

Adult I trust

Adult I trust

Adult I trust

Adult I trust

Adult I trust



When you have finished your  
writing use the pictures to  
decorate your hand. You can find  
your own if you want to.



I will travel to school by



I will have a new timetable, this is ok.

I will move around new classrooms.

will help me to read  
my new timetable and find out where I  
need to go.

Week A	Monday	Tuesday	Wednesday	Thursday	Friday
Register 8:40-9:00					
Lesson 1 9:00-10:00	Science B14	R.E - F2	Support Lr - B1	Maths - C1	Music - D17
Lesson 2 10:00-11:00	Geography - A6	Maths - C1	Science - B14	English - H6	Music - D17
Break 11:00 -11:20					
Lesson 3 11:20-12:20	R.E - F2	D.T	Maths - C1	P.E	History - A5
Lesson 4 12:20-13:20	English - H6	Welsh - D20	P.E	Geography - A6	Welsh - D20
Dinner 13:20-14:00					
Lesson 5 14:00-15:00	Art - D9	History - A5	D.T	Maths - C1	Science - B14

Week B	Monday	Tuesday	Wednesday	Thursday	Friday
Register 8:40-9:00					
Lesson 1 9:00-10:00	Art - D9	Science - B14	P.E	English - H6	Support Lr - B1
Lesson 2 10:00-11:00	Welsh - D20	I.T - A15	Maths - C1	Maths - C1	D.T
Break 11:00 -11:20					
Lesson 3 11:20-12:20	English - H6	Health & W - D19	Geography - D5	Science - B14	English - H6
Lesson 4 12:20-13:20	Support Lr - B1	Maths C1	English - H6	Support Lr - B1	Science - B14
Dinner 13:20-14:00					
Lesson 5 14:00-15:00	History - A5	English - H6	Maths - C1	R.E - F2	I.T - A15

I will have new teachers and support assistants.  
Some of my new teachers are called.



Sometimes I will need help, this is ok.

Some things I might need help with are:



I will make lots of new friends.



I am looking forward to making new friends.

Some things that I like to do with my friends are:



At break time I will



At lunch time I will



I can ask

for help at any time if I need it.



In year  I will get some homework,



just like in year  This is ok.

will help me with my homework.

If I don't want to do my homework at home I can go to the homework club in school.

If I go to homework club Mrs Davenport will help me with my work.



Mrs S Davenport  
Senior Support

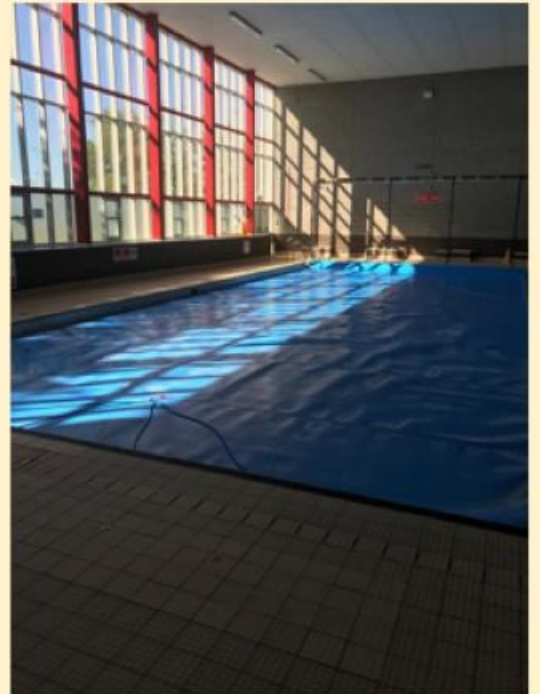
Being in a new school will be lots of fun.



I will learn new things and make new friends.

I will be able to tell

all about my new school at the end of the day.



## We will be going back to school sometime

Since 23rd March 2020, most schools have closed. Some children still went to school each day because they have a parent/parents who work as key workers. Other children have been at home each day.

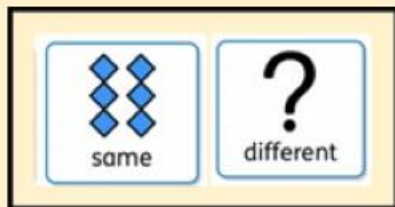


Home learning is not the same as learning in school. You have been doing some work from your teachers and some things you or your parents have chosen for you to learn.

Some activities that you have enjoyed at home are:

This time in lockdown has become a new normal for you. You are usually doing your own routine each day and most days this is ok. Sometime, we will be able to go back to school. The government makes this decision. They don't know when that will be yet as they need to make sure that it is safe for us all to return to school. So, until then it is important that we follow the rules to stay at home. The government want to make sure we can be safe.





Lots of people feel anxious when something is unpredictable.

To help you can use a calendar to count your at home days.

You can write the going back to school date on it when we know when that is.

Try to remember that the government are going to try and make a decision when to go back to school when they think it is safe for us to do so.

They might make some things different at school, but lots of things will still be the same.



These people will help me get ready for going to Bryntirion Comprehensive.  
They will tell me what will be the same or different so I can know what to expect.





We hope that you have enjoyed working through our "Helping Hands" workbook. I am sure you now know what a lovely school you are coming to. It is filled with a lot of very special people who will look after you and make sure that you are happy, safe and ready to learn.

If you have any questions or concerns please let your year six teacher know, or contact your ALNCo in your primary school. Your teachers can then send these questions to our team and we can respond.

So remember - we are very much looking forward to meeting you and welcoming you to our friendly, inclusive, community spirited school.

Stay safe and keep well.

A message from Mrs Richards  
ALNCo

