



Ysgol Gyfun Bryntirion | 
Bryntirion Comprehensive



Helping Hands 2020



Help and support

There are many members of staff that will help you settle into your new school. Let us meet some of them now.



Mrs H Workman
Assistant Head of
Year 7



Mr R Pawar
Headmaster



Mrs J Walker
Head of Year 7



Help and support



Mrs P Richards
ALNCo



Mrs C Perkins
Senior Support



Mrs N Godfrey
Senior Support



Mrs T Williams
Senior Support



Mrs S Davenport
Senior Support



Help and support



Mrs S Davenport
Senior Support

What should you do
if.....



you get lost?

you get ill at
school?

you can't do
your
homework?

you fall out
with your
friends?

you feel
anxious or
overwhelmed

you don't have
money to top
up your
account?

The strong individual is the one who asks for help when they need it.

Rona Barrett



Help and support

If you need help with anything you could ask a teacher or another student. Other people who will help you are:



Mrs S Davenport
Senior Support



Mrs A Jones
Support



Mrs J Bailey
Support



Mrs S Parry
Support



Mrs A Davis
Support



Mrs N Foster
Support



Mrs C Williams
Support



Mrs T Patterson
Support



Mrs K John
Support



Mr R Catell
Support



Mrs J Cowdrey
Support



Miss C Phillips
Support



Mrs J Groves
Support

Memories



Mrs P Richards
ALNCo



What will you miss
about primary
school?

What won't you miss
about primary
school?

Memories

Things that I will miss
about primary are ...

Things that I will not miss
about primary are ...



You're off to great places

Today is your day

Your mountain is waiting

So get on your way

Dr Seuss

Worries



Mrs T Williams
Senior Support

What worries do
you have about
moving to
Bryntirion?

Getting lost

Friendships

New teachers

My new
routine

Exams and
homework

Worries



Mrs T Williams
Senior Support

Moving to secondary school is a little scary. I promise you it will be o.k. As you have seen there are lots of lovely staff here to help you settle in and very quickly you will feel like a part of our school.



Nelson Mandela

It always seems impossible until it is done.

Things that I am worried about are.....

Differences



Mrs C Perkins
Senior Support

What is going to be
different or new in
Bryntirion?

How lunch
works

Having
lessons in
different
classrooms

School start
and finish
times

New friends

New subjects

Lots of
different
teachers



Similarities



Mrs C Perkins
Senior Support

What is going to be
the same about
Bryntirion?

Wearing a
uniform

School clubs

Same
subjects

Registration

Getting
homework

Assembly





Mrs C Perkins
Senior Support

At Bryntirion we will
help you to learn all
about your new school.
If you need our help you
just need to ask
because we will always
help you.

When I come to Bryntirion
I am looking forward to
trying.....

Don't be afraid.
Be focused
Be determined
Be hopeful
Be empowered

Michelle Obama



Getting prepared



Mrs T Williams
Senior Support

However you decide to travel to school there are some things that you can do to help yourself get ready for your first day.



Getting prepared Reading



Mrs C Perkins
Senior Support

Reading every day is a really good thing to do. It will help you to develop your imagination and you will learn lots of new vocabulary. It is great fun too.

Here are some books that you might want to try.



Getting prepared Maths



Mrs P Richards
ALNCo

Challenge yourself to learn new maths skills. It is always good to learn new things. Here are some things that you might want to practise.



<https://www.topmarks.co.uk/maths-games/hit-the-button>

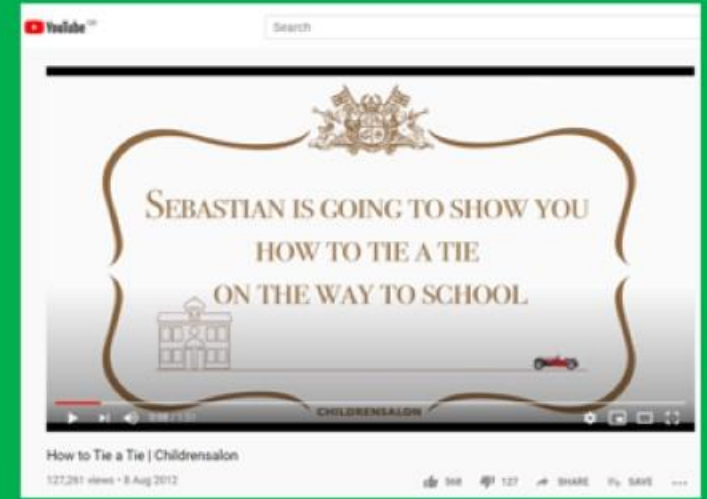
<https://www.topmarks.co.uk/time/teaching-clock>

Getting prepared Life Skills



Mrs N Godfrey
Senior Support

We are always here to help you but there are things you can practise so that you become more independent.



<https://www.youtube.com/watch?v= DiF3lFzOeM>

<https://www.youtube.com/watch?v=e3cZzMRGWTc>

Getting prepared Equipment



Mrs S Davenport
Senior Support



It is really exciting to prepare your equipment before you start your new school. Here are some things that you will need.



Your first day

On your first day you may feel very nervous. Your body may feel different. This is O.K. everyone else will be feeling the same

What do you feel in your body when you are nervous?

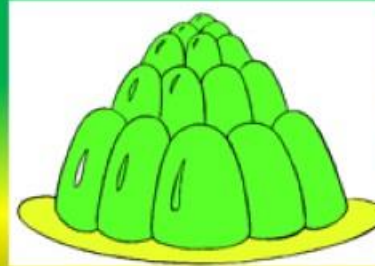


Mrs N Godfrey
Senior Support

Your heart may beat faster



Your body may feel wobbly



You might shiver like your cold



Your stomach may feel funny



Your first day



You will arrive at school at 8:40. There will be a lot of excited students with you. Walk down the main steps to get to reception, there will be staff there to point you in the right direction.



Mrs P Richards
ALNCo



Your first day



Mrs T Williams
Senior Support



When you walk through the doors you will come to the senior hall. This is where you will meet Mrs Walker and the rest of your year group

This can feel very scary, but don't worry the support team will be there to help you



Your first day

Mrs Walker, Mrs Workman and Mr Pawar will welcome you to the school and tell you which form class you will be in.



Mrs C Perkins
Senior Support

Your new form teacher will take you to your form room. You will stay there until break time.



Mr R Pawar
Headmaster



Mrs J Walker
Head of Year 7



Mrs H Workman
Assistant Head of
Year 7



Your first day



Mrs S Davenport
Senior Support



Break time is at 11:00am and
finishes at 11:20am

At break time you may
decide to

- Go to The Base
- Play outside
- Buy a snack at the canteen

Whatever you decide
to do the support
team will help you to
get to your first
lesson which is after
break



Your first day



Mrs N Godfrey
Senior Support

You will be given a timetable which will help you find your way around the school.

Remember that if you get lost you just need to ask for help.

Week A	Monday	Tuesday	Wednesday	Thursday	Friday
Register 8:40-9:00					
Lesson 1 9:00-10:00	Science B14 	R.E - F2 	Support Le - B1 	Maths - C1 	Music - D17
Lesson 2 10:00-11:00	Geography - A6 	Maths - C1 	Science - B14 	English - H6 	Music - D17
Break 11:00 -11:20					
Lesson 3 11:20-12:20	R.E - F2 	D.T 	Maths - C1 	P.E 	History - A5
Lesson 4 12:20-13:20	English - H6 	Welsh - D20 	P.E 	Geography - A6 	Welsh - D20
Dinner 13:20-14:00					
Lesson 5 14:00-15:00	Art - D9 	History - A5 	D.T 	Maths - C1 	Science - B14

Week B	Monday	Tuesday	Wednesday	Thursday	Friday
Register 8:40-9:00					
Lesson 1 9:00-10:00	Art - D9 	Science - B14 	P.E 	English - H6 	Support Le - B1
Lesson 2 10:00-11:00	Welsh - D20 	I.T - A15 	Maths - C1 	Maths - C1 	D.T
Break 11:00 -11:20					
Lesson 3 11:20-12:20	English - H6 	Health & W - D19 	Geography - D5 	Science - B14 	English - H6
Lesson 4 12:20-13:20	Support Le - B1 	Maths C1 	English - H6 	Support Le - B1 	Science - B14
Dinner 13:20-14:00					
Lesson 5 14:00-15:00	History - A5 	English - H6 	Maths - C1 	R.E - F2 	I.T - A15

Your first day



Mrs P Richards
ALNCo



Lunch time is at 1:20pm and
finishes at 2:00pm
At lunch time you may decide
to:

- Eat and play in The Base
- Buy food at the canteen
- Eat and play outside

Whatever you decide
to do the support
team will help you to
get to your last
lesson



Your first day

Home time is at 3pm
We are confident and hope
that when you have finished
your first day with us you will
feel happy and excited to
continue on your new adventure
with us!



Mrs P Richards
ALNCo



We can't wait to see you in September

Bye for now and we will see you soon



Mrs P Richards
ALNCo



Mrs C Perkins
Senior Support



Mrs N Godfrey
Senior Support



Mrs T Williams
Senior Support



Mrs S Davenport
Senior Support

How many Helping Hands did you see in this presentation?

Click to
see
answer

Information for parents

<https://www.schudio.tv/courses/supporting-primary-to-high-school-transition-for-parents-students>

<https://www.schudio.tv/courses/parenting-in-a-pandemic>



Helping your child with their transition

This advice has been collated from parents who have been through the same experiences :

- Normalise potential worries and concerns about September, explaining that most of their peers and friends will be feeling the same way.
- Talking positively about school frequently throughout the holidays and having a consistent approach from ALL the family.
- Having a uniform, bag and other school equipment ready in advance of the school start date is good preparation – this will alleviate any concerns about this.
- Careful attention to healthy eating and sleeping towards the end of the holiday. The most common problem is an over tired child.
- Get up every morning at the time you would normally get up to go to school in the last week – establish a routine well in advance of starting school.
- Do something together as a family in the last few days before returning to school – this is a good distraction for any potential/worries.